



Stage 4 Risk Assessment Modified Training

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LEAMINGTON NETBALL COVID-19 RISK ASSESSMENT – STAGE 4 RETURN TO COMMUNITY NETBALL

Further risk assessment templates will be made available for future stages of the Return to Community Netball Roadmap. This template cover training only; if participating in or organising a league or other competition, the Stage 4a (Competition using modified rules) must be used.

What is COVID-19?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that affects your lungs and airways. It is caused by a virus called Coronavirus and affected individuals can display a range of symptoms from mild to severe illness and death for confirmed cases. Affected people can also be entirely asymptomatic. Transmission is by respiratory droplets and direct contact. This Risk Assessment template must be considered alongside current Government guidance as well as guidance from England Netball. Netball Organisations should also consider their existing Health & Safety documents alongside this and this should be kept under continual review. The COVID-19 Officer for your club, league, county or region will need to ensure that this risk assessment remains up to date and in line with both latest Government guidance as well as England Netball's latest guidance.

Our club name: Leamington Netball	Our COVID-19 Officer is: Janette Eslick
Name of activity: Stage 4 Return to community Netball	This activity takes place at : Leamington Netball Club
Who is carrying out this assessment? Janette Eslick	We will review this risk assessment next on: 21st June 2021
Date of the Risk Assessment: 25th March 2021	

What are the Risks?	Who might they affect?	General controls to be put in place	Activity specific controls to be put in place	Who will be responsible to action?	When does it need to be actioned by?	Is it complete?
For some people, the risk of COVID-19 is higher	Players, coaches, officials, volunteers, parents	High risks groups are aware of the risks involved in netball and have access to the personal risk assessment Participants have the choice if they would like to attend sessions and 'opt in' to activity	Clear communications to high risk people. Clear 'opt in' from high risk people. Coaches to offer an opt out at all stages of a session.	Janette Eslick Coaches	25.8.2020	Yes

		There is no pressure from coaches, club volunteers or other players to join Netball training sessions	Players not wanting to trial be found way to keep involved when ready to play			
Someone returns to soon following a case of COVID-19	Players	Players are aware of the risks of exercising post a case of COVID-19. Players advised to follow the advice of their GP or Consultant	Thorough health screening before return session. Club to have kept a record of time between case and return to Netball.	Jan Thomas	12.9.2020	Yes
Risk of someone attending who is displaying symptoms of COVID-19 or living with someone displaying symptoms	Players, coaches, officials, volunteers, parents	Provide clear information to all members of potential COVID-19 symptoms Ensure pre-travel health screening is undertaken prior to travelling to activity Undertaken a further health screening before entry into session	Health screening completed before each session via track and trace and display of symptom poster Players to follow club and government guidance and how to react if showing symptoms of Covid and to not attend training.	Janette Eslick Junior Manager/Group Managers Coaches	12.9.2020	Yes

		<p>Any individual displaying symptoms advised to return home, self-isolate and apply for a test online or call 119</p> <p>Encourage Players to take regular lateral-flow tests</p>	<p>If living with someone who is displaying symptoms, they must notify the club and club will provide date that they could return if no progression in symptoms.</p> <p>Coaches have the right to ask participants to leave if they are concerned.</p>			
Transport to and from activity	Players, coaches, officials, volunteers, parents	Government guidance on travel and public transport to be followed if share transport		Chris Trickey	31.07.2020	Yes
Droplet transmission	Players, coaches, officials, volunteers,	Gaps scheduled between groups	All participants to be reminded by coaches that:	Janette Eslick Jan Thomas	25.8.2020	Yes

	<p>parents, members of public at venue</p>	<p>Maximum of 30 people per netball court (inc players and coaches/volunteers/officials)</p> <p>If a full size netball court (30.5m x 15.25m) is not available, adjustments may need to be made to maximum number per court</p> <p>Reminders to maintain social distancing on arrival at venue</p> <p>Congregating before or after netball training session is not permitted.</p> <p>One way systems in place to manage entry and exit onto court</p> <p>Signage and floor marking in place.</p>	<p>No bodily contact</p> <p>Perform hand sanitising and sanitise netball prior to Netball activity.</p> <p>Maintain hand hygiene throughout each session.</p> <p>No congregating of idle social interaction is permitted.</p> <p>Maintain social distancing and groups of 6.</p> <p>Activity to take place outdoors with appropriate social distancing space.</p> <p>One way traffic flow system to enter and exit the court area.</p>	Coaches		
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		<p>Signup.com rotas will be used to monitor juniors attendance</p> <p>Heya app and group managers checklist will be used to monitor senior match and training attendance for teams and officials</p> <p>QR Scanning code used for all senior sessions at hub</p> <p>All netball activity uses COVID-19 rule modifications</p> <p>Beginner players continuously reminded of modifications</p> <p>Circle players reminded more regularly</p> <p>Match officials, team bench and scorers positioned at least 2m apart or 1m+ where this is not possible.</p> <p>Parents and spectators remain socially distanced and gather in groups of no more than six</p>	<p>Clear signage around court area.</p>			
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		Shouting is not permitted				
Fomite transmission via surfaces in venue	Players, coaches, officials, volunteers, parents, members of public at venue	<p>Confirm with venue operator the procedures for the movement of and cleaning of any equipment such as netball posts (and any other large equipment items used at the facility such as tennis post and football goals) - posts in place so not required.</p> <p>Confirm with the venue operator rigorous and regular cleaning processes are in place.</p> <p>Confirm with venue operator rigorous cleaning procedures for high contact touch points are in place</p> <p>Regular disinfection of such heavily used areas eg court entrances/hub doors/toilet doors</p> <p>Ensure that the venue adheres to PHE Guidance COVID-19 Cleaning in a non-healthcare setting in the instance of a confirmed case of COVID-19 from a user of the facility.</p>	<p>Minimise the need to touch surfaces if possible e.g. leave open the gate.</p> <p>All touch points to be cleaned at start and end of each session by section/group manager</p> <p>Users of toilets to be asked to wipe down if used during a session</p> <p>Avoid touching surfaces.</p> <p>Remind participants to maintain good hand hygiene with a break every 15 minutes to sanitise Netball and perform hand hygiene.</p>	Jan Thomas	25.8.2020	Yes

Fomite transmission via equipment	Players, coaches, officials, volunteers and parents	<p>Hand hygiene protocols in place prior to attendance and upon arrival</p> <p>Juniors to bring their own ball if possible</p> <p>Hand sanitiser and wipes to be available during sessions - fence mounted units now in place</p> <p>All equipment including posts to be sanitised before and after each training sessions using spray cans</p> <p>Bibs washed prior to each sessions and not shared - now have extra bibs for all teams</p> <p>Inclusion of hand hygiene and ball sanitisation breaks every 15 minutes</p> <p>Sanitise post if players touches before play resumes</p> <p>Water bottles and whistles must not be shared and any left at</p>	<p>All participants should be informed of limited equipment sharing.</p> <p>All Netballs and any other equipment e.g. spots/ cones should be sanitised each session and stored correctly back in the hub.</p> <p>No mobile phones to be used during session.</p>	Jan Thomas Coaches	25.8.2020	Yes
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		<p>end of session should be disposed of</p> <p>Suitable waste facilities available to dispose wipes and sanitisation materials - bins on court</p>				
Airborne transmission	<p>Players, coaches, officials, volunteers and parents</p>	<p>Where possible, netball activity should be conducted outdoors, providing there are acceptable facilities available and weather conditions allow.</p> <p>If indoor facilities are the only available option, the following must be in place;</p> <p>Adequate ventilation - a target ventilation rate of 20l/s/p is achieved.</p> <p>Ventilation systems to provide 100% fresh air, not re-circulated air from space to space.</p> <p>Non-surgical face coverings must be worn in indoor venues by coaches and non-active attendees e.g. first aider</p>	<p>Social distancing measure maintained within outdoor venue.</p> <p>Number maintained and controlled for each session to adhere to guidelines.</p>	<p>Jeanette Eslick</p> <p>Coaches</p>	25.8.2020	Yes

		Where possible open windows and doors. Doors may need to be propped open unless they are fire doors which remain closed				
Activity and common netball behaviours	Players, coaches, officials, volunteers and parents	<p>Sessions are planned with Stage 4 rule modifications including warm ups and small sided games</p> <p>At all times during match play (in training and competition), two umpires are required to ensure adherence to the modified rules or Level 2 coach</p> <p>Modifications and non permitted common netball behaviours are communicated prior to activity commencing</p> <p>Players are briefed again at the beginning of sessions</p>	Informed participants before session of expected Netball activity.	Janette Eslick Coaches	25.8.2020	Yes

		<p>Beginner players and circle players are prompted more frequently</p> <p>Activity is planned appropriately after a substantial break from the game to reduce risk of injury</p>				
Junior players and vulnerable adults	Junior players, vulnerable adults, parents of junior players and/or vulnerable adults	<p>Clear and regular reminders of rule modifications during session</p> <p>Increase regularity of social distancing and rule modifications reminders for the youngest players (U11's)</p> <p>Practices and coaching aids to demonstrate required distances</p> <p>Use of assistant coaches and other adults to remind junior players</p>	<p>Ensure club coaches and group managers are fully aware of participant's relevant medical conditions and participants have the opportunity to opt out of any Netball activity at any point.</p> <p>Clear communication to parents of juniors so that all information is understood.</p>	<p>Emma Welford</p> <p>Emma Lincoln</p> <p>Coaches</p>	25.8.2020	Yes
Toilets and changing rooms	Players, coaches, officials,	<p>Outer part of hub only to be open for use of toilets only.</p> <p>Hand sanitise before and after using toilet.</p>	<p>Hand washing and signage for toilets to be on display.</p>	<p>Jan Thomas</p> <p>Janette Eslick</p>	25.8.2020	Yes

	volunteers and parents	<p>Soap available in the toilets. Paper towels preferred to electric hand dryers. Bins provided for hand towels.</p> <p>Work with venue operator to ensure rigorous cleaning of toilet facilities and other communal areas are in place regularly</p> <p>Players arrive ready to play, use of changing room is not permitted</p> <p>Thorough hand washing after use of toilet facilities is encouraged</p> <p>Hand sanitiser to be available on courts so use of toilets is not needed for hand washing</p>	<p>Ensure players are aware to come prepared to participate fully changed.</p> <p>Ensure if toilets do need to be used, it is only 1 in and 1 out.</p> <p>Ensure hands are sanitised regularly.</p> <p>Ensure users uses wipes provided to wipe down the toilet after use.</p>	Group Managers		
An injury is sustained whilst social distancing is in place	Players, coaches, officials, first aider	<p>Hands to be sanitised before and after</p> <p>First aid to be administered with non-surgical face mask and gloves</p>	<p>Hand Gel; CPR</p> <p>Face Shields; gloves and face mask to be put in first aid kit.</p>	<p>Jan Thomas</p> <p>Named club first aiders</p>	25.8.2020	Yes

		<p>Follow guidance as per St Johns Ambulance</p> <p>Complete accident form</p> <p>Ensure any waste is disposed of safely</p>	<p>Qualified first aiders to deal with injury only.</p>			
<p>Breaches to Government and England Netball guidance</p>	<p>Players, coaches, officials, volunteers and parents</p>	<p>Information shared in advance to avoid unintentional breaches</p> <p>Player reminders in place</p> <p>Persistent, intentional breaches dealt with via club disciplinary process</p> <p>Review activities after each session to identify any further adaptations that are required</p> <p>If activity cannot be safely managed, cease activity</p>	<p>Clearly communicate to all members' expectations and need to comply with Government and England Netball guidance.</p> <p>Ensure all participants are members of club and EN registered.</p> <p>If activity cannot be safely managed; cease the activity.</p>	<p>Chris Trickey</p> <p>Jeanette Eslick</p> <p>Jan Thomas</p>	<p>25.8.2020</p> <p>12.9.2020</p>	<p>Yes</p>